

# CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZCK

Coachinfo: Warming up from: 12:45 until 14:00. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wouters Karen

Coaches: Van den Brande Liesbeth

Coaches: Van Den Broeck Michaël

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

## Event number: 2: 200M BREASTSTROKE MEN 11+ Heat:5, starttime: 14:29

Heat: 5/5 Lane : 6 Athlete: VAN DEN BROECK TIEBE Q-time: 02:54:72

PB (25m pool): 02:54.72 Bastogne 05/04/2026 PB (50m pool): 03:01.60 SB: 02:54.72 Bastogne 05/04/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.84		01:24.09		02:09.94		02:54.72
	00:38.84		00:45.25		00:45.85		00:44.78	
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Coach feedback:

## Event number: 3: 200M MEDLEY WOMEN 11+ Heat:2, starttime: 14:38

Heat: 2/5 Lane : 4 Athlete: VAN DEN EYNDE PAULIEN Q-time: 03:39:24

PB (25m pool): 03:39.24 Sint-Pieters-Leeuw 01/03/2026 PB (50m pool): no time SB: 03:39.24 Sint-Pieters-Leeuw 01/03/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:50.51		no time		no time		03:39.24
	00:50.51							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

## Event number: 3: 200M MEDLEY WOMEN 11+ Heat:3, starttime: 14:42

Heat: 3/5 Lane : 5 Athlete: TAJEDDINE INES Q-time: 03:20:29

PB (25m pool): 03:20.29 Tremelo 18/01/2026 PB (50m pool): no time SB: 03:20.29 Tremelo 18/01/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:49.93		no time		no time		03:20.29
	00:49.93							
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Coach feedback:

# CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZCK

<b>Event number: 3: 200M MEDLEY WOMEN 11+</b>							<b>Heat:5, starttime: 14:50</b>	
<b>Heat: 5/5 Lane : 4 Athlete: JACOBS LAURIEN</b>							<b>Q-time: 02:42:66</b>	
PB (25m pool): 02:42.66 Gent 23/02/2025				PB (50m pool): 02:52.50 SB: 02:48.51 Leuven 12/10/2025				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:34.91		01:17.95		02:03.95		02:42.66
	00:34.91		00:43.04		00:46.00		00:38.71	
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Coach feedback:

<b>Event number: 3: 200M MEDLEY WOMEN 11+</b>							<b>Heat:5, starttime: 14:50</b>	
<b>Heat: 5/5 Lane : 5 Athlete: VAN HOOMISSEN CHELSEA</b>							<b>Q-time: 02:44:24</b>	
PB (25m pool): 02:44.24 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 02:55.42 SB: 02:44.24 Kapelle-op-den-Bos 19/04/2026				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:33.98		no time		no time		02:44.24
	00:33.98							
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Coach feedback:

<b>Event number: 4: 100M FREESTYLE MIXED 10-9</b>							<b>Heat:1, starttime: 14:54</b>	
<b>Heat: 1/2 Lane : 4 Athlete: VERMEIR SENNE</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>				
PB		no time		no time				
	no time							
	.....	.....	.....	.....				

Coach feedback:

<b>Event number: 5: 50M BACKSTROKE MEN 11+</b>							<b>Heat:3, starttime: 15:04</b>	
<b>Heat: 3/6 Lane : 1 Athlete: VANDERWEE MATTIAS</b>							<b>Q-time: 00:41:99</b>	
PB (25m pool): 00:42.06 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 00:41.99 SB: 00:42.06 Kapelle-op-den-Bos 19/04/2026				
	<b>25 M</b>	<b>50 M</b>						
PB		00:42.06						
	00:42.06							
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Coach feedback:

# CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZCK

<b>Event number: 5: 50M BACKSTROKE MEN 11+</b>		<b>Heat:3, starttime: 15:04</b>
<b>Heat: 3/6 Lane : 3 Athlete: LAUWENS FINN</b>		<b>Q-time: 00:40:73</b>
PB (25m pool): 00:41.30 Kapelle-op-den-Bos 19/04/2026		PB (50m pool): 00:40.73 SB: 00:41.30 Kapelle-op-den-Bos 19/04/2026
	<b>25 M</b>	<b>50 M</b>
PB		00:41.30
	00:41.30	
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Coach feedback:

<b>Event number: 6: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:1, starttime: 15:11</b>
<b>Heat: 1/5 Lane : 2 Athlete: REYNIERS SINNE</b>		<b>Q-time: 00:48:61</b>
PB (25m pool): 00:48.61 Tremelo 18/01/2026		PB (50m pool): 00:51.17 SB: 00:48.61 Tremelo 18/01/2026
	<b>25 M</b>	<b>50 M</b>
PB		00:48.61
	00:48.61	
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Coach feedback:

<b>Event number: 6: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:3, starttime: 15:14</b>
<b>Heat: 3/5 Lane : 2 Athlete: REYNIERS FIEN</b>		<b>Q-time: 00:37:77</b>
PB (25m pool): 00:37.77 Stedelijk Zwembad Geel 15/02/2026		PB (50m pool): 00:38.39 SB: 00:37.77 Stedelijk Zwembad Geel 15/02/2026
	<b>25 M</b>	<b>50 M</b>
PB		00:37.77
	00:37.77	
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Coach feedback:

<b>Event number: 6: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:3, starttime: 15:14</b>
<b>Heat: 3/5 Lane : 3 Athlete: SEGHERS MILLA</b>		<b>Q-time: 00:36:06</b>
PB (25m pool): 00:36.06 Stedelijk Zwembad Geel 15/02/2026		PB (50m pool): 00:36.45 SB: 00:36.06 Stedelijk Zwembad Geel 15/02/2026
	<b>25 M</b>	<b>50 M</b>
PB		00:36.06
	00:36.06	
	.....	.....

Coach feedback:

# CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZCK

<b>Event number: 6: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:3, starttime: 15:14</b>	
<b>Heat: 3/5 Lane : 6 Athlete: DE SITTER KIRA</b>		<b>Q-time: 00:40:36</b>	
PB (25m pool): 00:43.89 Meise 15/09/2024		PB (50m pool): 00:40.36 SB: 00:45.96 Meise 14/09/2025	
	<b>25 M</b>	<b>50 M</b>	
PB		00:43.89	
		00:43.89	
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Coach feedback:

<b>Event number: 6: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:4, starttime: 15:15</b>	
<b>Heat: 4/5 Lane : 5 Athlete: VERSPECHT KAAT</b>		<b>Q-time: 00:35:40</b>	
PB (25m pool): 00:36.17 Kapelle-op-den-Bos 19/04/2026		PB (50m pool): 00:35.40 SB: 00:36.17 Kapelle-op-den-Bos 19/04/2026	
	<b>25 M</b>	<b>50 M</b>	
PB		00:36.17	
		00:36.17	
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Coach feedback:

<b>Event number: 6: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:5, starttime: 15:17</b>	
<b>Heat: 5/5 Lane : 1 Athlete: NUYTKENS MARIE</b>		<b>Q-time: 00:33:35</b>	
PB (25m pool): 00:33.35 Kapelle-op-den-Bos 19/04/2026		PB (50m pool): 00:33.93 SB: 00:33.35 Kapelle-op-den-Bos 19/04/2026	
	<b>25 M</b>	<b>50 M</b>	
PB		00:33.35	
		00:33.35	
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Coach feedback:

<b>Event number: 6: 50M BUTTERFLY WOMEN 11+</b>		<b>Heat:5, starttime: 15:17</b>	
<b>Heat: 5/5 Lane : 3 Athlete: GEENS AMÉLIE</b>		<b>Q-time: 00:31:60</b>	
PB (25m pool): 00:31.60 Stedelijk Zwembad Geel 15/02/2026		PB (50m pool): 00:31.88 SB: 00:31.60 Stedelijk Zwembad Geel 15/02/2026	
	<b>25 M</b>	<b>50 M</b>	
PB		00:31.60	
		00:31.60	
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Coach feedback:

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<b>Event number: 8: 100M FREESTYLE MEN 11+</b>				<b>Heat:4, starttime: 15:42</b>	
<b>Heat: 4/8 Lane : 4 Athlete: VANDERWEE MATTIAS</b>				<b>Q-time: 01:14:03</b>	
PB (25m pool): 01:17.28 Tremelo 18/01/2026			PB (50m pool): 01:14.03 SB: 01:17.28 Tremelo 18/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.03		01:17.28	
		00:36.03		00:41.25	
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Coach feedback:

<b>Event number: 8: 100M FREESTYLE MEN 11+</b>				<b>Heat:5, starttime: 15:44</b>	
<b>Heat: 5/8 Lane : 3 Athlete: LAUWENS FINN</b>				<b>Q-time: 01:09:95</b>	
PB (25m pool): 01:11.79 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:09.95 SB: 01:11.79 Stedelijk Zwembad Geel 15/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.69		01:11.79	
		00:34.69		00:37.10	
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Coach feedback:

<b>Event number: 8: 100M FREESTYLE MEN 11+</b>				<b>Heat:6, starttime: 15:46</b>	
<b>Heat: 6/8 Lane : 1 Athlete: VAN DEN BRANDE LUCAS</b>				<b>Q-time: 01:09:16</b>	
PB (25m pool): 01:09.16 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:12.94 SB: 01:09.16 Stedelijk Zwembad Geel 15/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:32.49		01:09.16	
		00:32.49		00:36.67	
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Coach feedback:

<b>Event number: 8: 100M FREESTYLE MEN 11+</b>				<b>Heat:6, starttime: 15:46</b>	
<b>Heat: 6/8 Lane : 4 Athlete: VAN DEN BROECK TIEBE</b>				<b>Q-time: 01:06:70</b>	
PB (25m pool): 01:06.70 Bastogne 05/04/2026			PB (50m pool): 01:08.98 SB: 01:06.70 Bastogne 05/04/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:31.94		01:06.70	
		00:31.94		00:34.76	
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Coach feedback:

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<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:2, starttime: 15:54</b>	
<b>Heat: 2/8 Lane : 2 Athlete: VAN DEN EYNDE PAULIEN</b>				<b>Q-time: 01:31:52</b>	
PB (25m pool): 01:31.52 Liedekerke 11/11/2025			PB (50m pool): no time SB: 01:31.52 Liedekerke 11/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:43.57		01:31.52	
	00:43.57		00:47.95		
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Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:2, starttime: 15:54</b>	
<b>Heat: 2/8 Lane : 3 Athlete: REYNIERS SINNE</b>				<b>Q-time: 01:28:73</b>	
PB (25m pool): 01:29.70 Tienen 26/10/2025			PB (50m pool): 01:28.73 SB: 01:29.70 Tienen 26/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:41.22		01:29.70	
	00:41.22		00:48.48		
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Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:3, starttime: 15:57</b>	
<b>Heat: 3/8 Lane : 3 Athlete: TAJEDDINE INES</b>				<b>Q-time: 01:23:92</b>	
PB (25m pool): 01:23.92 Liedekerke 01/05/2025			PB (50m pool): 01:28.33 SB: 01:26.23 Liedekerke 11/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:38.99		01:23.92	
	00:38.99		00:44.93		
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Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:5, starttime: 16:01</b>	
<b>Heat: 5/8 Lane : 3 Athlete: REYNIERS FIEN</b>				<b>Q-time: 01:12:17</b>	
PB (25m pool): 01:12.17 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:15.33 SB: 01:12.17 Stedelijk Zwembad Geel 15/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.07		01:12.17	
	00:34.07		00:38.10		
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Coach feedback:

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<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:5, starttime: 16:01</b>	
<b>Heat: 5/8 Lane : 4 Athlete: SEGHERS MILLA</b>				<b>Q-time: 01:12:31</b>	
PB (25m pool): 01:12.31 Bastogne 05/04/2026			PB (50m pool): 01:12.35 SB: 01:12.31 Bastogne 05/04/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:35.36		01:12.31	
		00:35.36		00:36.95	
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Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:7, starttime: 16:05</b>	
<b>Heat: 7/8 Lane : 5 Athlete: VERSPECHT KAAT</b>				<b>Q-time: 01:09:61</b>	
PB (25m pool): 01:09.61 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:10.73 SB: 01:09.61 Stedelijk Zwembad Geel 15/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.76		01:09.61	
		00:33.76		00:35.85	
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Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:7, starttime: 16:05</b>	
<b>Heat: 7/8 Lane : 6 Athlete: DE SITTER KIRA</b>				<b>Q-time: 01:10:18</b>	
PB (25m pool): 01:11.76 Tienen 26/10/2025			PB (50m pool): 01:10.18 SB: 01:11.76 Tienen 26/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.33		01:11.76	
		00:34.33		00:37.43	
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Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:8, starttime: 16:07</b>	
<b>Heat: 8/8 Lane : 3 Athlete: GEENS AMÉLIE</b>				<b>Q-time: 01:02:11</b>	
PB (25m pool): 01:02.11 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:03.34 SB: 01:02.11 Stedelijk Zwembad Geel 15/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:29.53		01:02.11	
		00:29.53		00:32.58	
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Coach feedback:

# CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZCK

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:8, starttime: 16:07</b>	
<b>Heat: 8/8 Lane : 5 Athlete: VAN HOOMISSEN CHELSEA</b>				<b>Q-time: 01:06:63</b>	
PB (25m pool): 01:06.63 Bastogne 05/04/2026			PB (50m pool): 01:07.58 SB: 01:06.63 Bastogne 05/04/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:31.64		01:06.63	
	00:31.64		00:34.99		
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Coach feedback:

<b>Event number: 9: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:8, starttime: 16:07</b>	
<b>Heat: 8/8 Lane : 6 Athlete: NUYTKENS MARIE</b>				<b>Q-time: 01:07:04</b>	
PB (25m pool): 01:07.04 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 01:07.48 SB: 01:07.04 Stedelijk Zwembad Geel 15/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:32.52		01:07.04	
	00:32.52		00:34.52		
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Coach feedback:

<b>Event number: 10: 100M BACKSTROKE MIXED 10-9</b>				<b>Heat:1, starttime: 16:09</b>	
<b>Heat: 1/3 Lane : 1 Athlete: VERMEIR SENNE</b>				<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 12: 50M BACKSTROKE WOMEN 11+</b>			<b>Heat:2, starttime: 16:28</b>		
<b>Heat: 2/6 Lane : 2 Athlete: VAN DEN EYNDE PAULIEN</b>			<b>Q-time: 00:47:48</b>		
PB (25m pool): 00:47.48 Meise 14/09/2025			PB (50m pool): no time SB: 00:47.48 Meise 14/09/2025		
	<b>25 M</b>	<b>50 M</b>			
PB		00:47.48			
	00:47.48				
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Coach feedback:

# CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZCK

<b>Event number: 12: 50M BACKSTROKE WOMEN 11+</b>		<b>Heat:5, starttime: 16:34</b>
<b>Heat: 5/6 Lane : 2 Athlete: JACOBS LAURIEN</b>		<b>Q-time: 00:36:71</b>
PB (25m pool): 00:36.71 Bastogne 06/04/2025		PB (50m pool): 00:38.27 SB: 00:37.24 Meise 14/09/2025
	<b>2 5 M</b>	<b>5 0 M</b>
PB		00:36.71
	00:36.71	
	.....	.....

Coach feedback:

<b>Event number: 12: 50M BACKSTROKE WOMEN 11+</b>		<b>Heat:5, starttime: 16:34</b>
<b>Heat: 5/6 Lane : 4 Athlete: VAN HOOMISSEN CHELSEA</b>		<b>Q-time: 00:36:63</b>
PB (25m pool): 00:37.16 Stedelijk Zwembad Geel 15/02/2026		PB (50m pool): 00:36.63 SB: 00:37.16 Stedelijk Zwembad Geel 15/02/2026
	<b>2 5 M</b>	<b>5 0 M</b>
PB		00:37.16
	00:37.16	
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Coach feedback:

<b>Event number: 12: 50M BACKSTROKE WOMEN 11+</b>		<b>Heat:6, starttime: 16:36</b>
<b>Heat: 6/6 Lane : 1 Athlete: NUYTKENS MARIE</b>		<b>Q-time: 00:35:87</b>
PB (25m pool): 00:35.87 Stedelijk Zwembad Geel 15/02/2026		PB (50m pool): 00:36.29 SB: 00:35.87 Stedelijk Zwembad Geel 15/02/2026
	<b>2 5 M</b>	<b>5 0 M</b>
PB		00:35.87
	00:35.87	
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Coach feedback:

<b>Event number: 12: 50M BACKSTROKE WOMEN 11+</b>		<b>Heat:6, starttime: 16:36</b>
<b>Heat: 6/6 Lane : 2 Athlete: VERSPECHT KAAAT</b>		<b>Q-time: 00:34:99</b>
PB (25m pool): 00:34.99 Stedelijk Zwembad Geel 15/02/2026		PB (50m pool): 00:36.22 SB: 00:34.99 Stedelijk Zwembad Geel 15/02/2026
	<b>2 5 M</b>	<b>5 0 M</b>
PB		00:34.99
	00:34.99	
	.....	.....

Coach feedback:

# CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZCK

<b>Event number: 13: 200M MEDLEY MEN 11+</b>							<b>Heat:2, starttime: 16:42</b>	
<b>Heat: 2/5 Lane : 3 Athlete: VANDERWEE MATTIAS</b>							<b>Q-time: 03:16:54</b>	
PB (25m pool): 03:16.54 Meise 22/06/2025				PB (50m pool): no time SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:44.54		no time		no time		03:16.54
	00:44.54							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 13: 200M MEDLEY MEN 11+</b>							<b>Heat:3, starttime: 16:46</b>	
<b>Heat: 3/5 Lane : 4 Athlete: LAUWENS FINN</b>							<b>Q-time: 03:00:09</b>	
PB (25m pool): 03:00.09 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 03:05.06 SB: 03:00.09 Kapelle-op-den-Bos 19/04/2026				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:41.10		no time		no time		03:00.09
	00:41.10							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 13: 200M MEDLEY MEN 11+</b>							<b>Heat:4, starttime: 16:50</b>	
<b>Heat: 4/5 Lane : 5 Athlete: VAN DEN BRANDE LUCAS</b>							<b>Q-time: 02:47:60</b>	
PB (25m pool): 02:47.60 Bastogne 06/04/2025				PB (50m pool): no time SB: 02:49.61 Kapelle-op-den-Bos 21/09/2025				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:37.76		01:20.04		02:06.89		02:47.60
	00:37.76		00:42.28		00:46.85		00:40.71	
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 13: 200M MEDLEY MEN 11+</b>							<b>Heat:5, starttime: 16:53</b>	
<b>Heat: 5/5 Lane : 6 Athlete: VAN DEN BROECK TIEBE</b>							<b>Q-time: 02:43:25</b>	
PB (25m pool): 02:43.25 Bastogne 05/04/2026				PB (50m pool): 02:47.35 SB: 02:43.25 Bastogne 05/04/2026				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:34.80		01:18.65		02:06.34		02:43.25
	00:34.80		00:43.85		00:47.69		00:36.91	
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZCK

<b>Event number: 14: 200M BREASTSTROKE WOMEN 11+</b>							<b>Heat:2, starttime: 17:02</b>	
<b>Heat: 2/5 Lane : 1 Athlete: GEENS AMÉLIE</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): 03:13.67 Tervuren 27/04/2024				PB (50m pool): 03:23.10 SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		03:13.67
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 14: 200M BREASTSTROKE WOMEN 11+</b>							<b>Heat:3, starttime: 17:07</b>	
<b>Heat: 3/5 Lane : 4 Athlete: REYNIERS SINNE</b>							<b>Q-time: 03:41:49</b>	
PB (25m pool): 03:41.49 Tremelo 18/01/2026				PB (50m pool): no time SB: 03:41.49 Tremelo 18/01/2026				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:50.96		01:47.29		no time		03:41.49
	00:50.96		00:56.33					
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 14: 200M BREASTSTROKE WOMEN 11+</b>							<b>Heat:4, starttime: 17:11</b>	
<b>Heat: 4/5 Lane : 1 Athlete: TAJEDDINE INES</b>							<b>Q-time: 03:24:37</b>	
PB (25m pool): 03:24.37 Liedekerke 01/05/2025				PB (50m pool): no time SB: 03:28.01 Liedekerke 01/05/2026				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:47.20		01:39.47		no time		03:24.37
	00:47.20		00:52.27					
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 14: 200M BREASTSTROKE WOMEN 11+</b>							<b>Heat:4, starttime: 17:11</b>	
<b>Heat: 4/5 Lane : 2 Athlete: REYNIERS FIEN</b>							<b>Q-time: 03:16:30</b>	
PB (25m pool): 03:16.30 Liedekerke 01/05/2026				PB (50m pool): 03:28.82 SB: 03:16.30 Liedekerke 01/05/2026				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:45.22		01:35.33		no time		03:16.30
	00:45.22		00:50.11					
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZCK

<b>Event number: 14: 200M BREASTSTROKE WOMEN 11+</b>							<b>Heat:4, starttime: 17:11</b>	
<b>Heat: 4/5 Lane : 5 Athlete: SEGHERS MILLA</b>							<b>Q-time: 03:21:87</b>	
PB (25m pool): 03:51.32 Tremelo 12/01/2025				PB (50m pool): 03:21.87 SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:53.86		01:54.04		no time		03:51.32
	00:53.86		01:00.18					
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 14: 200M BREASTSTROKE WOMEN 11+</b>							<b>Heat:5, starttime: 17:16</b>	
<b>Heat: 5/5 Lane : 1 Athlete: DE SITTER KIRA</b>							<b>Q-time: 03:03:89</b>	
PB (25m pool): 03:03.89 Temse 21/12/2025				PB (50m pool): 03:12.20 SB: 03:03.89 Temse 21/12/2025				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:41.02		01:27.84		02:16.35		03:03.89
	00:41.02		00:46.82			00:48.51		00:47.54
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 14: 200M BREASTSTROKE WOMEN 11+</b>							<b>Heat:5, starttime: 17:16</b>	
<b>Heat: 5/5 Lane : 3 Athlete: JACOBS LAURIEN</b>							<b>Q-time: 02:56:29</b>	
PB (25m pool): 02:53.82 Leuven 20/10/2024				PB (50m pool): 03:00.52 SB: 02:58.41 Leuven 12/10/2025				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		00:39.74		01:24.21		02:09.84		02:53.82
	00:39.74		00:44.47			00:45.63		00:43.98
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback: